

LEARNING THROUGH HERITAGE + ART = HEART

Kansalaisfoorumi / Citizens' Forum

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THE HEART PROJECT

- **”Safeguarding intangible cultural heritage through transformative learning within community-based art”**
  - Two-year project within Erasmus+ Adult Education, 2022-2024
- The main project outcome is a digital toolkit for art educators, to facilitate working with heritage topics, incorporating digital technologies, and leading a transformative learning process.

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Asociația Perseidele

blue beehive

Oideas Gael ó 1984

UNIVERSITY OF EASTERN FINLAND

OUR APPROACH

- Each pilot brought together an art educator, local community members and cultural heritage practitioners.
- Intangible cultural heritage was explored through participatory, community-based art activities.
- Many pilots used one art form to explore heritage connected with another, creating new perspectives and interpretations.
  - For example, Kaustinen fiddle playing was explored through creative writing, and ceramics through storytelling.

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- A Finnish study centre supporting civic activity through arts-based learning in cultural associations.
- **Creativity and peer learning**
  - Making space for experimenting and learning as equals
- **Social, cultural and ecological sustainability**
  - Intangible cultural heritage invites us to reflect on how we live together, including a planetary perspective.
  - Cultural civic activity means everyone can participate and have a voice.



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THE HEART TOOLKIT

- How-to guides and compact information packages on how to work with intangible cultural heritage: www.eduheart.eu
- Languages:
  - English
  - Español
  - Suomi
  - Gaeilge
  - Limba română

Educator toolkit

Search CTRL K

Discover the transformative power of community-based art as a means to engage learners and safeguard Intangible Cultural Heritage (ICH). The results of the HEART project are presented here as a series of simple how-to guides that will be useful to educators, community groups and anyone working in the heritage or community art fields.

Explore our digital toolkit by its major themes:



Explore intangible cultural heritage



Find pedagogical tools for teaching heritage



Use technology



Create transformative learning

Or, browse the toolkit by topic:



Explore intangible cultural heritage



Find pedagogical tools for teaching heritage



Use technology



Create transformative learning

Or, browse the toolkit by topic:

Exercises (25) Education through heritage (23) Teaching methods (22) Schools (18) Pedagogy (16) Art educator (15) Course development (14) Sustainability (12) Transformation (11) Community engagement (8) Digital heritage (8) Photography (8) Theory (7) Creative writing (6) Oral heritage (6) Video (6) Traditional crafts (5) Virtual environments (5) 360° video (4) Language (4) Field trip (3) Heritage expert (3) Augmented Reality (2) Music & dance (2) Visual arts (2) Data protection (1)

We have compiled additional materials that may interest you:

Resource bank **Links**

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QUICK TIPS FOR GETTING STARTED

- How do we identify heritage?
  - Guidance for coming up with examples of what intangible cultural heritage is.
- Why is it essential to protect and save our cultural heritage? and Who should be involved in safeguarding heritage?
  - Accessible explanations for why to do this work, and who to find to help with it.
- Working with a heritage expert
  - Interesting examples and practical tips for working with a heritage expert.
- Participatory approach
  - Information on how to approach intangible cultural heritage from the participants' own backgrounds and experiences.

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EXAMPLE 1: WRITING INTO MUSIC

- https://www.eduheart.eu/en/toolkit/yxiiddd9nq7hst5
- Listening to music provides a starting point for writing and for exploring connections with heritage

← Find pedagogical tools for teaching heritage

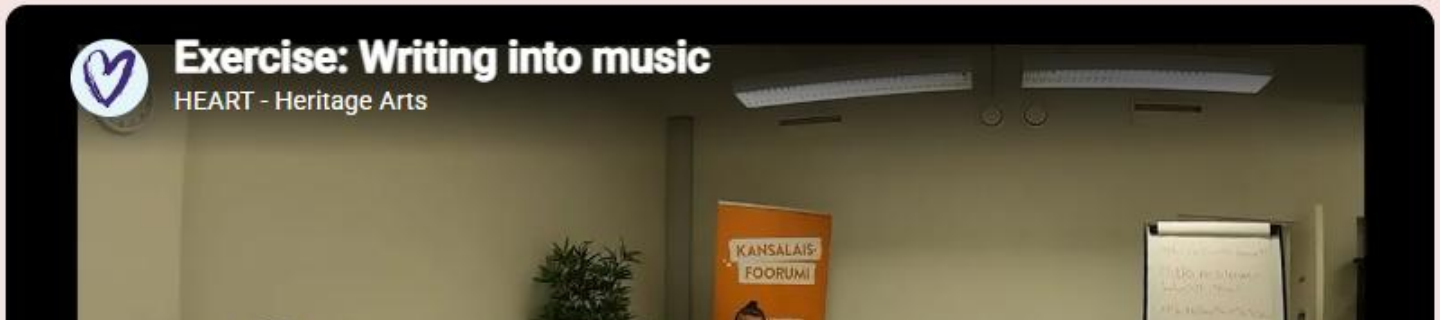
Exercise: Writing into music

Produced by
Kansalaisfoorumi

Author
Timo Harju

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Exercise for exploring intangible heritage: writing into music

Art educator Timo Harju instructs an exercise for free writing while music is played This is a 360-degree video. Click or drag the video to change your viewpoint and observe activity in different parts of the scene. If 360-degree videos are not supported in your browser, you can open the video in the YouTube app.

The purpose of this exercise is to generate raw material which can later be used in

The purpose of this exercise is to generate raw material which can later be used in creative writing. The idea is to have fun and get past writer's blocks. Writing into music can also stimulate memories and help participants discover new connections to intangible cultural heritage in their own lives.

Ideal number of participants: 6–20

Duration: 10–15 minutes

Materials required: Pen and paper. Preferably live music but the exercise can also be done by listening to recorded music.

Step-by-step description

1. Someone plays (traditional) music with an instrument or from a record.
2. The participants listen and write at the same time as long as the music continues, without stopping their pens.
3. After writing the participants are asked to underline from their text some parts that are relevant to them.
4. The underlined parts can be shared by talking if the participants wish.

Tips to the instructor: The most important rule for writing into music is that the movement of the pen shouldn't stop. It is good to stress that the idea is to hurl yourself into the music and writing, not to produce finished text. Sometimes this is all the

EXAMPLE 2: DIALOGUE WITH OLD PHOTOS

https://www.eduheart.eu/en/toolkit/wilaj4cqymmu353

- An activity for exploring and discussing old photographs in a group.
- Participants share memories, experiences, and feelings connected to the photos, with an aim to let go of the state of knowing, to allow new learning.
- Suitable for different age groups, including intergenerational groups.
- Related exercise: **pairing old and new photos**

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EXAMPLE 3: AN OBJECT TALKING ABOUT HERITAGE

https://www.eduheart.eu/en/toolkit/womst5tn2xoai6n

- Exploring a tradition from a new perspective: What can an object tell us about human activities and traditions?
- Moving from tangible cultural heritage towards intangible cultural heritage.
- Participants who cannot write can tell the story aloud from the object's perspective.





START DISCOVERING

- We can approach intangible cultural heritage in many different ways, using art-based methods and our different senses
- The stories arising from heritage are an interesting playground for all ages; they engage our imagination and allow us to play

→ Access the toolkit at www.eduheart.eu and start exploring!

- Choose one activity and adapt it for your participants
- Make room for different experiences and ways of taking part

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